



# CARIBBEAN ASSOCIATION OF HOME ECONOMISTS INC. C.A.H.E 1972

HOME ECONOMICS FOR A BETTER CARIBBEAN COMMUNITY

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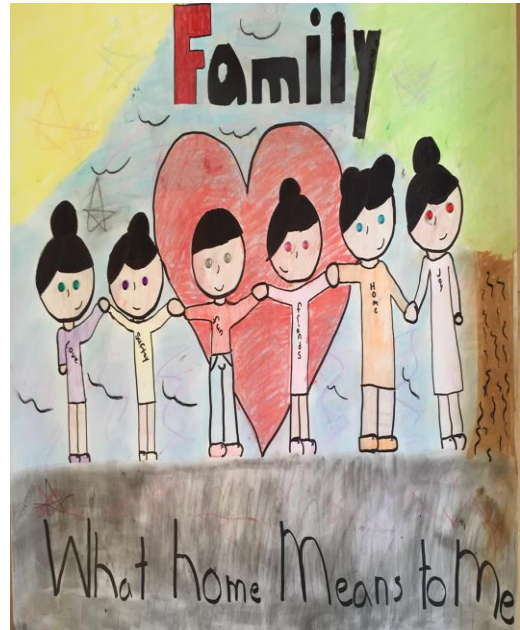
## WORLD HOME ECONOMICS DAY 2019 COMPETITIONS

Since March 21<sup>st</sup>, 1982 IFHE has continued to recognize March 21<sup>st</sup> each year as **World Home Economics Day (WHED)**. The purpose of the day is to publicize and **promote IFHE** and the **home economics profession**. Our vision states that ‘The Caribbean Association of Home Economists Incorporated (CAHE) aims to be a highly- recognized regional organization that influences regional policy making and home economics curricula towards improving the quality of life of families in the Caribbean.’ To this end CAHE will be promoting the theme of World Home Economics Day through our competitions.

### 2019 Theme: "Creativity and Innovation in Home Economics for Sustainable Development"

The Caribbean Association of Home Economists Inc. takes pleasure in launching a series of competitions in schools across the region to commemorate WHED 2019 under the theme, “Creativity and Innovation in Home Economics for Sustainable Development: Family Preservation for Future Generation.” Applications are invited for three competitions: an essay competition, a poster competition and a food product development competition. Each competition is framed under a sub-theme. The essay and poster competitions are under the sub-themes: “**The Futuristic Family**” and “**Save my Future**”. The Food Product and Development competition is under the sub-theme, “**Dining in Cyberspace.**” *The competition will be judged in two categories; junior (ages 11 – 14 years) and senior (ages 15-18 years). Details for the competitions follow.*

## OVERARCHING THEME FOR COMPETITION: Family Preservation for Future Generations



### SUB THEME FOR ESSAY COMPETITION: *“THE FUTURISTIC FAMILY”*

#### 1. *Essay Competition*

- The competition is open to *junior (ages 11 – 14 years) and senior (ages 15-18 years)*, who are home economics students.
- All entries must be the original and unpublished work of the entrant.
- The essay should be NO MORE than 1500 words long, excluding references.
- The essay can take an expository or descriptive style
- It should be typed using double line spacing, with each page numbered.
- The student’s name and the name of the school should not be on the essay cover page. This should only be on the entry form which will be provided.
- Use the APA reference format in writing your references.

Place	Prizes
1 <sup>st</sup>	Trophy, 250 US
2 <sup>nd</sup>	Trophy, 150 US
3 <sup>rd</sup>	Trophy, 100 US



**SUB THEME FOR POSTER COMPETITION: “SAVE MY FUTURE”**

**2. Poster Competition-**

- The competition is open to students *junior (ages 11 – 14 years) and senior (ages 15-18 years)* who are doing classes in home economics.
- Poster artwork should be based upon the theme and the use of recycled materials and natural products are mandatory.
- All designs must be original artwork only.
- Posters should include the following: headline/title, brief introduction or hook, minimal text.
- Target audience for poster display are school age children ages 11-18 years old (competitors should select the age/age range being targeted)
- All entries must be 24” x 24”.
- The student’s name and the name of the school should not be on the essay cover page. This should only be on the entry form which will be provided.

Place	Prizes
1 <sup>st</sup>	Trophy, 250 US
2 <sup>nd</sup>	Trophy, 150 US
3 <sup>rd</sup>	Trophy, 100 US



**SUB THEME FOR FOOD PRODUCT COMPETITION: DINING IN CYBER SPACE**

**3. Product Competition guidelines**

- The competition is open to students *junior (ages 11 – 14 years) and senior (ages 15-18 years)* who are doing classes in home economics.
- Teams should be no more than four students.
- The food product should be innovative and make use of indigenous foods.
- The food products will be evaluated based on preservation qualities, storage, packaging, ease of travel, use of 21<sup>st</sup> century tools and technology and 21<sup>st</sup> century dining space/table setting.
- Students should think about what dining would look like in the future 2030
- Entries must be the student's original work.
- Target audience for product are school age children ages 11-18 years old

Place	Prizes
1 <sup>st</sup>	Trophy, 250 US
2 <sup>nd</sup>	Trophy, 150 US
3 <sup>rd</sup>	Trophy, 100 US

**GENERAL INSTRUCTIONS**

1. Each school is eligible to enter **ANY or ALL** of the competitions listed above
2. Your school must complete the registration form to be eligible for competition
3. You will be notified of receipt of your entry on completion of registration form
4. Your entry will be judged by selected representatives in your territory. Winners at the local level will submit the winning entry at the CAHE CONFERENCE 2019.
5. The final competition will be judged at **CAHE CONFERENCE, April 12-17 2019, in St. John's, Antigua and Barbuda.**

6. You will be notified by letter and email if you are the overall winner.
7. Information about the winning entry will be placed on the CAHE Facebook and website
8. Work must be original, plagiarism is not accepted. You can be disqualified if you do not submit an **original** entry
9. The prizes /awards will be granted to the winning school.

**Prepared by:**

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